



# Your Move

## Week 3 - Keep Doing Your Best Discussion Guide

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It's your move, your time to implement the strategies you need to put into place to accomplish all that God has put in your heart. Meeting those challenges demands your very best. God asks us to be ambassadors for Him, representatives that reveal Him to people far from Him. We are called to be blameless and upright...and that's a tall order. How can we keep doing our best, no matter what happens and no matter who's looking? Let's study Daniel's life this week and see how he persevered through the challenge and stayed completely trustworthy and faithful.

### Jump Start

1. What does a great work/life balance look like to you?
2. *God wants us to live with an "excellent spirit."* Read Daniel 6:3. What happened as a result of Daniel's "excellent spirit?" In what ways have you committed to doing your best, even when nobody's watching? Who is an "unsung hero" you know, pursuing excellence even if no one ever sees?
3. *God wants us to be faithful, always responsible, and completely trustworthy.* **Read Daniel 6:4** in the New Living Translation version. Also **read Romans 12:19**. What motivated Daniel's enemies to attempt to find fault in him? How does God ask us to respond when someone wrongs us?
4. *God wants us to experience excellence in all areas of our lives.* **Read Colossians 3:23, Proverbs 22:29, Romans 8:31**. We learned this week that no one can stop us from being our best. When have you seen success as a result of pursuing excellence? What does Romans 8:31 tell us about how we can achieve success in the face of opposition? Have you ever experienced God's provision in this way?
5. Final Thought: This week, we learned about "Balanced Excellence." This means being excellent (not perfect!) in all areas of our lives. We achieve this, as Daniel did, by being "faithful, always responsible, and completely trustworthy." Take a look at your personal faithfulness, reliability, and trustworthiness. How can you these qualities in your daily life? Talk with your Life Group about practical ways that you can grow stronger in these areas.

### Deeper

**Read Romans 12:18.** What key phrase connects this sentence with “doing your best?”  
According to this statement, what do you need to do your best?

Now, **read Romans 12:9-21.** Using the space below and/or the back of the page, write down each of the actions/attitudes you are called to exhibit (examples: let love be genuine, be patient in trials). After you have identified each of the actions you are to take, write down a goal on how you can improve your excellence in that area.