

Celebrate Recovery

8 Recovery Principles based on The Beatitudes

Principle 1: Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable. (Step 1) *"Happy are those who know they are spiritually poor." (Matthew 5:3)*

Principle 2: Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover. (Step 2) *"Happy are those who mourn, for they shall be comforted." (Matthew 5:4)*

Principle 3: Consciously choose to commit all my life and will to Christ's care and control. (Step 3) *"Happy are the meek." (Matthew 5:5)*

Principle 4: Openly examine and confess my faults to myself, to God, and to someone I trust. (Steps 4 and 5) *"Happy are the pure in heart." (Matthew 5:8)*

Principle 5: Voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects. (Steps 6 and 7) *"Happy are those whose greatest desire is to do what God requires." (Matthew 5:6)*

Principle 6: Evaluate all my relationships; offer forgiveness to those who have hurt me and make amends for harm I've done to others except when to do so would harm them or others. (Steps 8 and 9) *"Happy are the merciful." (Matthew 5:7); "Happy are the peacemakers." (Matthew 5:9)*

Principle 7: Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will. (Steps 10 and 11)

Principle 8: Yield myself to be used to bring this Good News to others, both by my example and by my words. (Step 12) *"Happy are those who are persecuted because they do what God requires." (Matthew 5:10)*