



New Year's Message

Intentional

Discussion Guide

We hope you enjoyed the New Year's message via the Online Campus. If your Life Group is meeting, take time to celebrate the New Year and a fresh start with them. There's plenty of time for catching up after the busy pre-holiday season in this lesson. If you're studying on your own, use this study guide to take a personal inventory of your own focus on God's plan for your life.

Jump Start

1. List or share your top three ongoing worries or concerns.
2. *Intentional with our focus.* **Read Matthew 6:30-34.** If you focused solely on today, which of your typical worries would immediately fall off your "worry list"? How can you be intentional about focusing just on this moment and this day?
3. *Intentional with our future.* It's interesting that we spend time worrying about the future, but don't spend time focusing on it. Sure, there are people who plan and save, but many of us just stress about it. **Read Philippians 3:14-15.** What goal(s) do you believe God has given you for your life? What do you see as the prize?
4. *Intentional with our faith.* **Read Philippians 1:6.** In this passage we are told that God is the One who began a good work and He is the One who will see this through. What does being intentional with your faith look like today? How can you improve on your intentionality? What good work is God doing through you today?
5. Final Thought: What one worry or concern can you give to God, laying down the anxiety and totally relying on Him to direct your thoughts and actions? As we approach the New Year, make a commitment (as opposed to a resolution!) to remain focused and intentional on what God has called you to do.