



# Your Move

## Stay Committed

### Discussion Guide

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Commitment is a word that evokes many different thoughts and emotions. “Commitment is scary. Commitment is hard. Commitment is old-school.” One thing is true however, commitment fuels the future. What you commit to, and how well you stay committed will determine the landscape of your future.

#### Jump Start

1. What did you want to be when you grew up?
2. *Conviction determines our commitment.* **Read Daniel 3:13-18.** What conviction did Daniel’s three friends have that allowed them to stay committed to their decision? Have you ever been so convinced or convicted of something that you had no choice but to stay committed?
3. *Faith sustains our commitment.* **Read Hebrews 11:1.** Read it again, this time in the Amplified Bible version. What does this verse equate faith to? How can faith sustain your commitment?
4. *Trust solidifies our commitment.* **Read Daniel 3:18, Daniel 3:24-27, and Hebrews 13:5.** Trust plays a big role in staying committed. Who did Daniel’s friends trust and why? Who do you trust when it comes to your commitments?
5. Final Thought: Remind yourself of the commitments you made this year, the commitments you wish to keep strong, or the commitments you want to renew. Measure your commitments against the ideas of *Conviction, Faith, and Trust*. How can you, along with your life group, grow stronger and steadier in your commitments?

#### Deeper

**Read Hebrews 12.** This chapter has many great insights about enduring, staying committed, and finishing strong. As you read, use BibleGateway.com, BlueLetterBible.org, or your favorite bible study tool to study the chapter. Use the cross references and word studies to get a wider view of the text. In the space provided, or on the back of the paper, write down some of your favorite observations from this chapter concerning “staying committed.”