



Bounce Back

Week 4 - Sinking Discussion Guide

We often go through life without examining our situation. If we're comfortable, we can become apathetic. If we're sinking, overwhelmed with financial worries or health issues, we often don't have the energy to look ahead and beyond. But God wants us to be prepared to bounce back. This week is a great opportunity to remember the dream—and prepare yourself to fund the dream—that God has given you!

Jump Start

1. When you were ten years old, what did you want to be or do?
2. *A bounce back is driven by a dream.* Do you consider yourself a dreamer or have you stopped dreaming? If you have a dream that fuels your goals, do you have a verse or a promise that sustains your dream? Does your dream line up with a God-given purpose in your life?
3. *Not everyone will be excited by your dream.* **Read Genesis 37: 6-11, and 19-20.** Joseph's brothers dealt with some issues. What were they? (What lessons can we learn from the way Joseph shared his dream with his brothers? What happens to our dream when others are not excited, supportive, or enthusiastic about them?)
4. *Give. Save. Invest. Plan the rest.* The Biblical plan for financial success begins with this foundation. What parts of that plan are already working well in your personal finances? Which areas do you see opportunities for growth and maturity? Which areas are an absolute struggle?
5. Final Thought: As a group, consider studying Joe Sangl's "*I Was Broke. Now I'm Not.*" small group study guide. Discuss this in your Life Group this week.

Deeper

6. Take a closer look at the scriptures that produce the “GIVE, SAVE, INVEST, PLAN THE REST” financial plan. Write out any thoughts or observations that come to mind as you read them. Write down any specific directions that the Lord speaks to your heart.

GIVE

Malachi 3:10 (NIV)

“Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this,” says the Lord Almighty, “and see if I will not throw open the floodgates of heaven and pour out so much blessing that there will not be room enough to store it.”

SAVE

Proverbs 21:20 (NIV)

The wise store up choice food and olive oil, but fools gulp theirs down.

INVEST

Proverbs 13:11 (NIV)

Dishonest money dwindles away, but whoever gathers money little by little makes it grow.

PLAN THE REST

Proverbs 21:5 (NIV)

The plans of the diligent lead to profit as surely as haste leads to poverty.