



Stay In Faith

Discussion Guide

Some seasons require more faith than others. Jesus was with the disciples physically, providing for them, feeding them, and teaching them—for a while. As He prepared to leave, His encouragement was to “stay in faith.” As we step into unknown, challenging seasons, it is important for us to remember to hold on to faith in God, even when we can't see or hear Him.

Jump Start

1. What challenges are you up against that might motivate you to take a closer look at your faith?
2. ***Hold on to faith.*** Read [Mark 11:20-22](#). What is significant about this event? Why does Jesus place such an important emphasis on faith here?
3. ***Speak words of faith.*** Read [Mark 11:23](#). Staying in faith can be difficult in the face of doubts. What action does Jesus instruct us to take here? How might Jesus respond if you spoke directly to the “mountains” in your life?
4. ***Believe in God.*** Read [Mark 11:24](#) and [Mark 9:21-24](#). This may seem over-simplified, but Jesus knew the importance of complete trust in God. How can praying show God that we believe in Him? How might our asking please Him, even when He chooses not to give us everything we request?
5. Final Thought: In the [Mark 9:21-24](#) story, the father claimed to have faith, but he also asked Jesus to “help his unbelief.” Whether you don't yet know and follow Jesus, or you have been following Him for a long time, we will always need help with some area of unbelief. Share with your Life Group what that might look like for you. Have you ever spoken directly to God about your doubts and unbelief? As a Group, how can you help each other have greater faith?

Deeper

6. Read through [James 1:2-8](#). Read each verse, one at a time. What observations can you make from James' words on faith? Going verse by verse, write down your observations, and list the actions God is speaking to you. Pray over these verses and pray about what God is telling you through His Word.

7. Research some of the truths God's Word reveals about mountains.

[Psalm 95:3-5](#)

[Nahum 1:5](#)

[Micah 1:4](#)

[Matthew 17:20](#)

[Matthew 21:21](#)

[Isaiah 54:10](#)