



# Stylin'

## Week 2 - Humble Discussion Guide

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Another “style” that culture tries to push on us is the “me first” style. Phrases like “how to get ahead” and “you deserve better” are constantly hitting us from all angles. What really happens when we live this way? There are many negative effects to living a me-centered life. God has a much better style for us.

### ***Jump Start***

1. Share a time / situation where you felt you should have been recognized or appreciated, but you weren't.
2. *Understand Humility.* **Read Philippians 2:3-4.** We learned this week that humility is not about self-deprecation, lack of confidence, or low self-worth. Humility is not thinking less of yourself; humility is thinking about yourself less. What misconceptions have you had in the past about what it means to be humble? According to Philippians 2:3-4, how can we demonstrate humility?
3. *Own Your Pride.* **Read Proverbs 11:2, Jeremiah 9:23, and Romans 12:3.** Pride is the enemy of humility. A good way to determine where you may be struggling with pride is to think about the areas where you tend to judge others most. When do you tend to judge others? What does this reveal about your opportunities to grow in humility?
4. *Consider the Source.* **Read Philippians 2:5-8.** How is Christ described? What is the direction we are given in verse 5? In verse 7, we read that Jesus “made himself nothing.” How would it change your life if you made yourself nothing?
5. Final Thought: Scripture reminds us that to be a servant of Christ, we need to prioritize seeking approval from God, not from other people (Galatians 1:10). As you study humility, think of circumstances in which you seek the praise of man and not of God. Are you willing (or able) to lay down the idea of earthly recognition in order to become more like Jesus? Consider ways that God may be calling you to lay down your pride and follow Him in humility. Share them with your Life Group or with a Christian mentor or friend who can pray with you.

