



Who We Are

Part 2 - We Connect

Discussion Guide

God wants us to be connected to Him, the power source for daily living. And He wants us to be connected to each other. When we are connected, things will change. We will grow; we will get stronger. When we wait on the Holy Spirit, He will empower us. He will connect us to God and to other believers so that we experience breakthrough, we are set free, and able to become all that God created us to be.

Jump Start

1. Share one tip that changed everything. Maybe a recipe or cleaning secret, maybe a sports tip, or a trick for studying before a test. Once you found this key, everything changed! Pass it along to your group.
2. Acts is the “history book” of the early Church. **Read [Acts 1:4-5, 1:13-14 and Acts 2:1-4](#)**. Just before the Church is established, what happens? What part of this story excites you? What part scares you?
3. On the very same day that the Holy Spirit was first poured out on the believers, the New Testament Church was born. **Read [Acts 2:14, 2:22-24, 2:36-39, and 2:41](#)**. List the main points of the Gospel (Good News) of Jesus that can lead to salvation. Now list what Peter tells them they must do, beyond just feeling guilty or convicted.
4. The main focus of the Jerusalem church is clearly seen in Acts 2:42-47. **[Read Acts 2:42](#)** and list their priorities. Why would communion or breaking bread be such an important part of their worship?
5. Final Thought: Unity in the body of Christ is essential for growth, power, and as a witness to the world. **Read [1 Corinthians 10:16-17](#)**. If we are one body, how can we allow conflict and disunity. What can you personally do to promote unity in your work life, your family relationships, your Life Group?

Deeper

John 6:47-58 (ESV)

⁴⁷ “Truly, truly, I say to you, whoever believes has eternal life. ⁴⁸ I am the bread of life. ⁴⁹ Your fathers ate the manna in the wilderness, and they died. ⁵⁰ This is the bread that comes down from heaven, so that one may eat of it and not die. ⁵¹ I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. And the bread that I will give for the life of the world is my flesh.”

⁵² The Jews then disputed among themselves, saying, “How can this man give us his flesh to eat?” ⁵³ So Jesus said to them, “Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you.

⁵⁴ “Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day. ⁵⁵ For my flesh is true food, and my blood is true drink. ⁵⁶ Whoever feeds on my flesh and drinks my blood abides in me, and I in him. ⁵⁷ As the living Father sent me, and I live because of the Father, so whoever feeds on me, he also will live because of me. ⁵⁸ This is the bread that came down from heaven, not like the bread the fathers ate, and died. Whoever feeds on this bread will live forever.”

6. Crowds had been following Jesus for the signs and wonders they saw. They also liked the free bread in the feeding of the five thousand. Now, there is a turning point—an “Are you in or are you out?” moment—in the passage above. What are some of the claims Jesus made in vs. 47-53? **Read [Exodus 16:11-21](#)**. (Feel free to read the whole chapter.) What did the manna have to do with it?

7. John 6:54-56 is very graphic and very clear. We must ingest, consume, live on the body and blood of Christ. Many followers abandoned Jesus at that point. Why were the Jews so offended? **Read [Leviticus 3:17; 17:14 and Deuteronomy 12:23](#)**.

8. Have you ever considered that what you eat becomes your body? Have you considered that all things living, plant or animal, die before you eat them? That their death provides you life. Consider the Old Testament sacrifices. Discuss how “partaking” or “ingesting” Christ makes Him an integral part of your life, body and soul. Discuss “you’re either all in or you’re not in at all.”