



Loading Mindset Discussion Guide

From the moment we ask Jesus to be our Lord and Savior, we begin a process of becoming more like Jesus. This process demands sacrifice, self-examination, and a commitment to follow through. It is no wonder that many people give up on the process in the middle of “loading.” They may have salvation, but many never get to experience the full benefits of a relationship with God. This week, we look at the mindset required to continue “Loading.”

Jump Start

Leader: This section is designed to get discussions started, examine God’s truth and apply it to our week.

1. What is one pet peeve you have that can instantly take your attitude from good to bad?
2. **Read [Romans 12:2](#) and [Matthew 26:40-43](#).** What is the difference between conforming to something and transforming into someone? Why is mindset so important in the concept of conforming vs. transforming? What things can you do to help your mindset be “renewed”?
3. **Read [Romans 12:3](#).** What does Paul mean when he says we must think of ourselves “with sober judgement”? How would sober judgement of yourself affect your relationship with God?
4. **Read [Colossians 3:1-2](#).** What does it mean to think on “things above”? Specifically, why does Paul want us to focus on Christ, seated on a throne? What would it do for your spiritual life to focus on Jesus in glory?
5. Final Thought: If you want to be more like Jesus, you must set your mind on Him and on what will help you grow. You need to avoid some thoughts, actions, and habits, also. **Read [Philippians 4:8](#).** What things do you need to banish from your thought life? What habits are you creating to help you grow? What specific actions can you take this week?

Deeper

Leader: This section is designed for further use in your Life Group or for personal study. These can also be used as discussion points and ways to stay connected with your group throughout the week.

This series is about understanding the fact that we are all “loading.” We are all in the process of becoming who God has called us to be. This week, we will take a deeper look at the importance of environment in the “loading” process and look at specific examples from the Bible.

6. **Read [Matthew 13:1-8,18-23](#)**. How does this passage apply to salvation and even spiritual maturity beyond our salvation? What determines the type of soil we represent? Do you have the necessary environments in your life to continue “loading” and maturing in your spiritual life?

7. This passage occurs shortly after Elijah’s greatest victory (Mount Carmel in 1 Kings 18). **Read [1 Kings 19:1-11](#)**. Why is Elijah having this fear and “lagging” after such an amazing victory from the Lord? What environment and state of mind could be influencing him? Has exhaustion ever caused you to “lag” spiritually?

8. **Read [Jonah 3:10-Jonah 4:4](#)**. This passage occurs after Jonah is delivered from the belly of the great fish and arrives in Nineveh to preach. He delivers the message that Nineveh will be overthrown by God in 40 days for their wicked ways. Why is Jonah upset when God chooses not to destroy Nineveh? What environments and/or mindsets could be causing this “lag”? When has your pride or jealousy ever caused you to be annoyed at someone else’s blessing?

9. **Read [Matthew 19:16-26](#)**. What caused this young man to “lag” and why does Jesus demand this specific thing of him? What did this man miss out on because of his riches? How have earthly things (riches, success, career, popularity) held you back from experiencing Jesus and becoming more like Him?