



Movies at The Cove

Part 3 – Stronger

Discussion Guide

Stronger is a movie about loss, hurt, and finding the strength to fight back. In life, losses and hurts are inevitable! Things will not always go according to plan. Sometimes our dreams and plans are completely shattered. We cannot control what happens to us, but we can control our responses. We can control whether we give up or stay strong and keep pushing forward.

Jump Start

Leader: This section is designed to get discussions started, examine God's truth and apply it to our week.

1. What is a failed New Year's (or other) resolution you have had? Why did you fail?
2. **Read [John 16:33](#)** Why does God allow us to go through troubles? When is a time you have realized you cannot get through a situation under only your own power?
3. **Read [2 Chronicles 15:7](#) and [Ephesians 6:10](#)** How can we find strength in something or someone we cannot see, touch, or audibly hear? What factors allow you to determine whether something is trustworthy? How are you giving God an opportunity to reveal himself in your troubles/trials?
4. **Read [Psalm 37:24](#)**. What does it mean that, "in spite of our stumbling God still won't let us fail"? What is the difference between a stumble and a failure? How has God upheld you through your stumbling and struggles?
5. Final Thought: **Read [Joshua 1:9](#)**. Why does God command us to eliminate fear and discouragement? Have you seen fear/discouragement grow in your life when left unchecked? How can you eliminate your fear and discouragement and what part does God play in this process?

Deeper

Leader: This section is designed for further use in your Life Group or for personal study. These can also be used as discussion points and ways to stay connected with your group throughout the week.

Getting back up feels impossible after a tragic loss. However, the early church is proof that, through Christ, you can persevere through ANY situation. Remember, the disciples had just watched Judas (one of their own) betray Jesus. They saw Jesus die. They saw Him rise, but then He returned to heaven. They were left behind to carry out the message. They had the Roman Empire against them. They believers were being hunted. In almost every way, they were being kicked down...but they stood strong in their faith, facing their persecutors, their pasts, and their situations.

6. **Read [Acts 7:51-60](#)**. Stephen shared many unpopular ideas and messages during this speech (all of Acts 7). How did Stephen find the strength to share this message? Does sharing unpopular truths lead to persecution today? How did Stephen show strength in this situation?

7. **Read [Acts 3:1-10](#)**. What are some of Peter's past failures? How is this a moment of Peter staying strong and pushing forward from his past failures? What past failures are you allowing to limit you?

8. **Read [Romans 8:31-39](#)**. What were the biggest obstacles of the early church and how did they survive them? What does Paul mean by the statement "we are more than conquerors"? What are your biggest fears and the obstacles keeping you from radically following Jesus? Do you view yourself/your family as more than conquerors?