



Get Out of Your Way

Get Real - Part 3

Discussion Guide

One of the ways we hold ourselves back is by refusing to get real. We hide our failures and hurts from ourselves and the world. We think presenting this “perfect” version of ourselves will lead to acceptance and meaning. However, in order to have real impact, we first have to get real.

Jump Start

Leader: This section is designed to get discussions started, examine God’s truth, and apply it to our week.

1. Who’s your favorite “influencer” (Social media, actor, singer, athlete)? What do they typically boast about to the world?
2. **Read [1 John 1:8-10](#)** in what ways do you act differently in the many roles of your life? Share a time you were able to admit when you were trying to fool yourself and, in a sense, trying to fool God.
3. **Read [Acts 5:3-5 and Galatians 6:2](#)** Why was there such an uproar about Ananias’ lie? Why did Ananias feel the need to lie about how much he gave to the church? Do we ever try to make ourselves look more supercilious to others in the church? How can we stop putting on a show for others in the church?
4. **Read [2 Corinthians 12:7-10](#)** why did Paul say he would boast about his weakness? How does this make you see your weakness? How can you get real about this with the world?
5. Final Thought: **Read [Luke 7:47-48](#)** what sin have you been minimizing? What steps can you take to get real with yourself and God to confess this sin?

Deeper

Leader: This section is designed for further use in your Life Group or for personal study. These can also be used as discussion points and ways to stay connected with your group throughout the week.

6. **Read [Mathew 23:1-12](#)** what does it mean that the Pharisees would bind heavy burdens on men's shoulders, but won't lift a finger to carry these burdens? Why does Jesus tell the crowd to follow what the Pharisees tell them, yet also to be sure to not follow their example? How can we strive for righteousness without becoming hypocrites?

7. **Read [Mark 3:1-6](#)** what made Jesus so angry at the Pharisees in general? Why did the Pharisees think they knew it all? Was it wrong for Jesus to a healing on the Sabbath?

8. **Read [Luke 23:39-43](#)** what is the difference between what the two men said to Jesus before they died? Why did Jesus forgive the man who asked him to remember him? Why is it important to come humbly to Christ?