



Just Ok is Not Ok

Part 2 - Tidying Up

Discussion Guide

We tidy up our clothes, shoes, houses and cars. We go through items, asking “Do I wear this? Should I keep this? Do I need this?” But do we do this with our relationships? We need to hold our relationships up to the light of God’s opinion and ask ourselves “Am I ok with this relationship? Is this still good? Are they ok with me?” We have all kinds of brokenness in our relational closets. It’s time we tidy up this area of our hearts and lives.

Jump Start

Leader: This section is designed to get discussions started, examine God’s truth, and apply it to our week.

1. What is the best and worst part of tidying up?
2. *Develop the habit of making the first move.* [Read Matthew 5:23-24, Matthew 7:3-5 and Romans 12:14-21.](#) Why does God continually instruct His followers to repay persecutions with blessings? What is the ultimate goal of doing this? Which relationships in your life are not at total peace? What is your next step to move towards peace in that relationship?
3. *Be Reconciled: Bitterness hurts me and makes me do stupid things.* [Read Hebrews 12:14-15 and Psalm 73:21-22.](#) How does peace ensure that no one will be blocked from the grace of God? What is the correlation of these two things? How have you seen bitterness poison your life or a loved one’s life? If we know bitterness hurts us, why is it so hard to let go?
4. *Be Reconciled: Forgiving makes me more like Jesus.* [Read Ephesians 4:31-32 and Mark 11:25.](#) What does the Bible say are some of the advantages of forgiving? How is our ability to forgive others tied to how God forgives us? Is it possible for us to truly receive God’s forgiveness while not being able to forgive others? Why or why not? What does true forgiveness look like?
5. Final Thought: *Repeat as necessary.* [Read Matthew 18:21-22.](#) Did Jesus literally mean seven times seventy? How do we balance having healthy boundaries in a relationship, while also having no limits on forgiveness? In which relationships do you have to balance forgiveness with personal boundaries?

Deeper

Leader: This section is designed for further use in your Life Group or for personal study. These can also be used as discussion points and ways to stay connected with your group throughout the week.

6. Confession is a complicated topic. What do you think of when you hear the word “confession”? What about the word “repentance”? What is the difference? [Read Lamentations 3:40, James 5:16 and Proverbs 28:13.](#) What does the Bible say are the benefits to confession? Why do we fear confession? Should we confess our sins to God or other people? When (if ever) should our confession be only to God?

7. *Be Specific.* There are many examples of confession in the Bible, both to God and others. [Read Luke 15:18-19, Luke 18:10-13, 1 Samuel 26:21, Numbers 22:34-35, 2 Samuel 12:11-14 and Luke 5:4-10.](#) What do all these confessions have in common? How do some of them differ from others?

8. How do these confessions differ from confessions we see today? Are your confessions specific? Passionate? Humble? Does a genuine confession always lead to true repentance? What prevents this from always happening?