



I Feel Kinda Free

Part 3 – Total Commitment Discussion Guide

This week, we continue our message series with the encouragement to consciously choose to commit our lives and our wills to Christ's care and control. This choice makes all the difference.

What you will need: A Bible or your Bible app, a notebook, pen, and highlighter. The verses highlighted below are linked so that you can easily access them during your study time.

Jump Start

1. How do you change or cope with unbearable situations and/or pain that overwhelms you?

Note: Join us this week for the [daily Cove Devotions](#) and [MDWK Deep](#) on Wednesdays at 12:00. Care Groups are both in person and virtual. Find out more information: [here](#).

2. Read [Proverbs 18:12, Psalm 40:12, Psalm 32:5, and Mark 9:23-24](#). What are some barriers to commitment? What does it mean to consciously commit all?
3. Read [Matthew 11:28-30](#). What does this verse tell you about Christ's character? In what area of your life do you need rest right now?
4. Read [Psalm 143:10, John 14:26, Proverbs 10:17, and 2 Corinthians 10:5](#). The Commitment Choice is about letting go and accepting God's will as your strategy. What would it look like for you to "let go and let God," even in your thought life? Will you let it all go?
5. **Prayer** Dear God, I believe You sent Your son Jesus, to die for my sins so I can be forgiven. I repent of my sins, and I want to live the rest of my life following You. God, I need Your abundant rest and peace. May Your grace flow like a river to me. I am available. Remove the things in and around me that distract me from drawing near to You. I need You, Father. I am broken, and hurting, even in areas of my life that maybe I have forgotten or hidden away from You. Reveal to me where You want to begin the healing. I surrender. You are the God of Abraham, Isaac, and Jacob. You reign and sit on the throne of my heart. Direct my paths and use me to build Your kingdom. I will not live ashamed, for I know You are with me. Help me to speak truth and life over myself and those around me. Thank You, Father, for the revelation that I am experiencing through the power of the Holy Spirit. I am grateful. Thank You, Jesus, Amen.

Deeper

Here at The Cove, our mission is to Introduce our friends to Jesus, Learn to follow Him, and Celebrate His Presence in our lives. We want you to be fully equipped with the Word of God by spending time with Him daily through prayer, and through studying His Word with others. We believe this is how you will be equipped to make disciples.

6. Jesus once told a story to describe the difference between a successful follower and an unsuccessful one. **Read [Matthew 25:14-30](#)**.
 - What is the common responsibility given to the servants? What is our common responsibility today?
 - What is different about the individual responsibility of each servant? What does this teach us about our individual responsibilities?
 - What are observations you see about the response the master had towards the two faithful managers? What do we learn about success from this example?
 - What are some observations you see about the response the master had towards the unfaithful manager? What do we learn about success from this example?

7. While everyone may have a different opinion of what success looks like, the Christian's goal is to align our thoughts with God's thoughts. He gives a very famous and wide-sweeping definition of success in [Matthew 25:34-40](#). Read it and discuss how Jesus' definition of success compares to our culture's definition. How do both sets of definitions influence your personal definition?