



I Feel Kinda Free

Part 6 – Walking in Freedom

Discussion Guide

This week, we will learn how to get free of our struggles and healed of our hurts—and continue to stay free by serving others. When we get involved and connected, drop the façade, and get real, we stay in that place of recovery and freedom.

What you will need: A Bible or your Bible app, a notebook, pen, and highlighter. The verses highlighted below are linked so that you can easily access them during your study time.

Jump Start

1. Why does God allow suffering and pain in life? Why do we focus more on the pain and suffering rather than the purpose for it? Listen [here](#) for deeper reflection and insight.

Note: Join us this week for the [daily Cove Devotions](#) and [MDWK Deep](#) on Wednesdays at 12:00 pm. Celebrate Recovery is both in person and virtual. Find out more information [here](#).

2. **Read [2 Corinthians 1:4](#)**. What is Paul teaching the Corinthians in this verse? What do you find to be the hardest thing for you in handling the suffering or extreme situations that stretch and test you? How can reciprocating this comfort help you and build God's Kingdom?
3. What is Paul saying to the church at Corinth in [2 Corinthians 1:5-6](#)? Does this change how you view your current or past circumstances? What is the encouragement?
4. **Read [2 Corinthians 1:7](#)**. Why do you think Paul stressed that you will be comforted? How many times is this reminder repeated in [2 Corinthians 1-7](#)? Why do you think this is? What other themes do you find in these verses?
5. **Read [2 Corinthians 12:9](#) and [2 Corinthians 5:17](#)**. What stands out to you in these verses? How has God worked in and through you during a time of weakness? How should you view your weaknesses since you are made new in Christ? What encouragement for the future can you draw from the change you have experienced?

Deeper

Here at The Cove, our mission is to Introduce our friends to Jesus, Learn to follow Him, and Celebrate His Presence in our lives. We want you to be fully equipped with the Word of God by spending time with Him daily through prayer, and through studying His Word with others. We believe this is how you will be equipped to make disciples.

Dealing with our pride is a key to surrender. The humility of surrender allows God's strength to be made stronger in, though, and for us. Take time to examine your pride. This is not going to be easy. It takes time to examine and process the root of the pride, but the blessing is that in repentance and surrender, we are given new life in God ([Isaiah 43:25](#)).

6. Read the [Book of the Prophet Obadiah](#). Watch [this video](#) for deeper understanding.
7. Who was this book written to?
8. Who were the people of Edom? To what historic family did they belong?
9. Why does Obadiah include all nations?
10. What was the issue that caused the people of Edom to fall? How does this issue affect us if we do not reconcile and surrender it to God?
11. How does God redeem them? What hope does this bring for us?
12. Pray and ask God to reveal to you any areas in your life where you may have pride that keeps you from His will for your life.