



Rhythms

Part 2 – Bring on the Breakthrough

Discussion Guide

We can be free of sin if we desire to be free. Jesus has made a way, just as God planned. But to walk in that freedom, there are some things we must do and some we must resist. Let's look at the Israelites as they prepare for the Feast of Unleavened Bread.

What you will need: A Bible or your Bible app, a notebook, pen, and highlighter. The verses highlighted below are linked so that you can easily access them during your study time.

Jump Start

1. Did your parents have a yearly “spring cleaning”? What was the craziest thing they did?
2. Read [Exodus 12:14-16](#). What is the preparation for the Feast of Unleavened Bread? How seriously should that have been taken? Now, read [1 John 1:8](#). After reading these side by side, what do you think leaven was meant to symbolize to the Israelites?
3. Breaking the cycle of sin and bondage in our lives seems impossible. But this week, we learned “the God of Exodus is the God of exits.” Read [Psalm 32:3, 5 and 1 John 1:9](#). What is the first step to freedom?
4. Read [Exodus 15:23-24, 16:3](#). To remain free, what is the next step you must take? Read [1 Corinthians 10:13](#) for practical steps. Share one “escape” that God made for you personally in your struggle with sin?
5. Beyond the consequences of our sin and the harm it may cause, there is a cycle. List some things that may linger and weigh you down. Now, read [Hebrews 12:1-2 and John 6:35](#). What are some specific actions we are told to take to gain our freedom?

Deeper

The Feast of the Unleavened Bread follows the Passover, a week of remembrance of the hasty escape from Egypt after the Death Angel passed over. Let's look at the meaning, symbolism, and purpose of this feast.

6. Read [Exodus 25:30, 35:13, and Matthew 4:3-4](#). The Matthew event occurs just before the beginning of Jesus' public ministry. At that point in His ministry, what does Jesus imply is the true bread?

7. **Now read [John 6:30-35, 48-49, 57](#).** As Jesus began to reveal Himself and His ministry, He further revealed the true Bread of Life. What was it before? What is it now?

8. Both the Old and New Testament speaks of leaven. Jesus Himself had many comments about “beware the leaven” in multiple passages. Read these verses and jot down what leaven represents in each of them.
 - a. [1 Corinthians 5:6-8](#)

 - b. [Matthew 16:11-12](#)

 - c. [Luke 12:1](#)

NOTE: For a Messianic Jewish perspective on the preparation for Passover and the feast of Unleavened Bread which immediately follows it, [enjoy this article](#).