



THE COVE CHURCH FOOD AREA

Donations can be given at the beginning of any weekend service. Guests are welcome to receive needed items at the end of any weekend service.

- Canned tuna, chicken, or salmon
- Peanut Butter & Jelly
- Canned meals (soup, stew, chili)
- Low sodium canned vegetables
- Canned fruit in its own juice or water
- Olive or Canola Oil
- Spices (cinnamon, cumin, chili powder, salt-free spice blends)
- Canned foods (pop-top lids)
- Low sugar, whole grain cereals
- Gluten-free foods
- Healthy snacks (granola bars, nuts, dried fruits)
- Pancake Mix & Syrup
- Muffin Mix
- Pasta
- Spaghetti Sauce
- Bread
- Feminine Hygiene Products
- Baby Diapers
- Wipes
- Shampoo & Conditioner
- Household Paper Products



THE COVE CHURCH LUNCH BAG MENUS

Providing food security for children in our communities.

MENU 1: Chef Boyardee Ravioli, Fruit Leather, Granola Bars, Pudding Cup, Assorted Chips

MENU 2: Granola Bars, Fruit Cups, Pretzels, Mac-N-Cheese (microwavable)

MENU 3: Uncrustables (PBJ), Fresh Apples, Cheese Sticks, Fruit Gummies, Assorted Chips.

MENU 4: Mac-N-Cheese Cups, Applesauce Cups, Cheese or Peanut Butter Crackers, Pop-Tarts.

WE ARE GENEROUS

The Food Area and Lunch Bag Menus are two ways we show our church family the love of Jesus Christ through meeting basic needs.

**Thank you for your
generosity!**