



# Press On

## Part 3 – Press On Toward Study Guide

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Setting goals helps us prioritize. Starting in preschool adults begin to ask children, “What do you want to be when you grow up?” Then they repeat this idea as they march across the stage at graduation. As Jesus followers our goal is simple and brings joy—to know Jesus and be found in Him. This week we will look at all of Philippians chapter 3 as we press on toward...

1. What did you want to be when you grew up? Is there a reason you chose that vocation or goal? Did it cause you to make particular decisions along the way? What was the result of setting that goal?

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“Finally, my brothers, rejoice in the Lord...” - Philippians 3:1a (ESV)

2. **Read Philippians 3:1-6.** Are there rules or laws we might impose that keep us from joy, and from knowing Jesus? Why are those the wrong goals or standards?

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“Indeed, I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things and count them as rubbish, in order that I may gain Christ and be found in him...”  
- Philippians 3:8-9a (ESV)

3. **Read Philippians 3:7-11.** What might you reprioritize based on this passage? Is there something you used to reach toward that you will not spend time on anymore? Is there something you can repurpose to help you “know Christ?”

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“Brothers, join in imitating me, and keep your eyes on those who walk according to the example you have in us.” - Philippians 3:17 (ESV)

4. **Read Philippians 3:12-21.** Mature believers realize they don't know it all, or do it all, and won't until heaven. In verse 17 Paul says “imitate me” or follow me. Who can you look to as a person to imitate or follow, and why? How can you work toward being the person others follow?

5. On your own: Re-evaluate your goals. What are you pressing on toward?

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“In all your ways acknowledge him, and he will make straight your paths.”  
- Proverbs 3:6 (ESV)