

As we enter an intensive season of serving at The Cove Church through Go Bananas, we want to be sure that we properly prepare to honor God. Together, we are examining the process that Paul and Barnabas went through in Acts 13, which resulted in a great impact for Christ. The first step on their journey was worship. Much can be said about worship; it is personal and corporate, formal and informal, planned and spontaneous. In this study, we will focus on intentional moments of focused worship and how they prepare us to serve.

### What Do You Think?

- Have you ever experienced a moment of intense worship? Can you describe how and when it happened? Did God tell you anything?
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“Let us come into his presence with thanksgiving; let us make a joyful noise to him with songs of praise! For the Lord is a great God, and a great King above all gods.” Psalm 95:2-3 (ESV)

### What Does God Say?

- Worship is a choice. **Read Psalm 95:1-6 and Psalm 100.**
    - Why can it be difficult at times to “choose” worship? What would stop us?
    - What does choosing a “pattern of worship” look like?
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“And I heard the voice of the Lord saying, ‘Whom shall I send, and who will go for us?’ Then I said, ‘Here I am! Send me.’” Isaiah 6:8 (ESV)

- Worship is an opportunity for God to change us, and change should be a result of every worship experience. Consider the events of **Isaiah 6**. Read each passage below and discuss:

- 1) *How have you seen this happen in worship?*
- 2) *Why is it essential to effective ministry?*
- 3) *What happens if we get stuck here and then serve without adding the next step?*

- **Verse 4** – We become aware of His power.
- **Verse 5** – We confess our sin.
- **Verses 6-7** – We accept forgiveness.
- **Verse 8** – We accept a new direction.

## What Will You Do?

- One of the most impactful questions we can ask is, “What is God telling me right now?” Do you have an answer to that question? Discuss it with the group.
- To hear from God, we first need an experience with God. Being in a regular pattern of worship helps us to seize these opportunities. How can we hold each other accountable for being in this habit?
- God is leading our church to impact our community together through Go Bananas. How will you be a part of serving this year? Discuss and encourage one another in the three ways to be involved:
  1. Pack a Lunch
  2. Serve on a Lunch Collection Team
  3. Serve at a Lunch Site
    - Setup
    - Make a Friend
    - Teach
    - Spanish Translator
    - Breakdown

For more information, visit the Go Bananas web page: [www.covechurch.org/gobananas](http://www.covechurch.org/gobananas).