

Koinonia

Week Three: Intentional Lifestyle

When we begin or continue to walk with Jesus, He will change our style of life, if we allow it. A healthy Christ-centered community is built on a lifestyle founded in grace. In this study we will take a look at our current habits and tendencies and unpack the concepts of intentional relationships, confession, forgiveness, and living a life of community marked by encouragement and accountability to one another.



Introspect

- What tends to happen when you argue or fight with a friend? How do you handle disagreements and different perspectives within your friendships or within your Life Group?
- Do you tend to back away or move closer toward people who disagree with you? Why? How are you at extending grace toward others?
- Do you tend to blame others for your relationship conflicts? Why or why not?
- Would you say you are “intentional” about relationships? Why or why not?

Investigate

“If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.”- 1 John 1:9 (ESV)

Read 1 John 1:7-10

- Let’s revisit verse 7. What’s the significance of the phrase “all sin”? Discuss with your group the depth of that phrase and what that means.
- Why is confessing such an important thing to do? What impact does it have on our relationship with God?
- Why is intentionality toward knowing the truth and being in relationship with God so important?



Read James 5:13-16

- How can these verses come alive in our lives when our relationships are intentional?
- Why are intentional relationships so powerful? How do they build trust and love towards each other?

“Therefore, confess your sins to one another and pray for one another, that you may be healed...” - James 5:16 (ESV)

Incorporate

- What does forgiveness look like for you? Is it often dependent on the other person asking for forgiveness? Why or why not?
- Think about your own life and the relationships that surround you. What type of personality tends to annoy you the most? Are there people in your life that you've withheld grace and forgiveness from because they annoy or offend you? Be sensitive about gossip, but if you're able, share with your Life Group.
- Who in your life do you need to go and seek to make things right? What would your response be if you placed yourself in their shoes?
- How does the reminder of God's forgiveness extended to us give us the perspective and strength we need to forgive others? How can you be more intentional with your relationships, and what things might you need to change in order to strengthen them?

Investment

The Cove's Core Values

We love God passionately.
We love people unconditionally.
We take the Bible seriously.
We stay united.
We are generous.
We keep it real.

The Cove's Discipleship Strategy

Attend a weekly service.
Practice a regular quiet time with God.
Participate in a Cove Life Group.
Serve on a Cove Ministry Team.

